



Sea Ventures

9444 Main Street ~ Fairfax, VA 22031 ~ 703-425-7676

Stress and Rescue Course

Join Sea Ventures for our exceptional continuing education program. Sea Ventures professional staff of instructors is here to help you on your way to advanced dive certifications, or to just be a safe and experienced diver.

The SCUBA School International Stress Rescue Course is offered on regular basis at Sea Ventures. In Stress Rescue, first and foremost, you are refreshed and updated on your own self-rescue techniques. From this basis level of comfort you are taught how to deal with the most important part of diver rescue. How to prevent the need for rescue. This is done through learning the causes, avoidance and, as necessary, the treatment of Diver Stress, either in yourself, in your buddy or in another diver.

Once this is achieved, we move on to deal with what we hope is an extremely unlikely event, the process of rescuing a diver. This part will include practical exercises of handling a variety of emergency situations, including necessary First Aid Procedures The course, which is open to any certified diver, has two classroom sessions, two pool sessions and one day of open water training. Classroom and pool sessions will be held on Tuesday and Thursday from 7PM until 10PM.

Open Water training will be scheduled and conducted at Millbrook quarry. Candidates also must have current certification in first aid and CPR before the certification card can be issued. CPR and First Aid is NOT required prior to taking the course.

COST

Cost of the Course is \$150. Candidates are responsible for providing a student kit, all necessary dive equipment and quarry admission. Air will be provided for pool sessions.

To sign up for Sea Ventures, SSI Stress and Rescue Course, contact Sea Ventures directly at 703-425-7676. You can also check the on-line course calendar at www.seaventures-scuba.com.